





















Breakthrough Pre-K Lunch SY 22-23

April 2023

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 </p> <p>Entree Wowbutter, String Cheese, Crackers Egg and Cheese on a Biscuit</p> <p>Vegetables Whole Kernal Corn</p> <p>Fruit Fresh Apple Slices</p> <p>Milk 1% Milk Nonfat Milk</p> <p>Misc. Ketchup</p>	<p>4 </p> <p>Entree Wowbutter, String Cheese, Crackers Cheeseburger on a WG Bun</p> <p>Vegetables Sliced Tomato</p> <p>Fruit Fresh Banana</p> <p>Milk 1% Milk Nonfat Milk</p> <p>Misc. Ketchup Mustard Mayonnaise Packet</p>	<p>5 </p> <p>Entree Wowbutter, String Cheese, Crackers Turkey and Cheese WG Sandwich</p> <p>Vegetables Broccoli</p> <p>Fruit Pineapple Tidbits</p> <p>Milk 1% Milk Nonfat Milk</p> <p>Misc. Mayonnaise Packet Mustard</p>	<p>6 </p> <p>Entree Wowbutter, String Cheese, Crackers WG Chicken Chunks</p> <p>Vegetables Baked Beans</p> <p>Fruit Fresh Orange</p> <p>Milk 1% Milk Nonfat Milk</p> <p>Misc. Ketchup</p>	<p>7 </p> <p>Entree Wowbutter, String Cheese, Crackers Cheese Pizza WG</p> <p>Vegetables Celery Sticks</p> <p>Fruit Applesauce</p> <p>Milk 1% Milk Nonfat Milk</p> <p>Misc. Ranch Dressing</p>
<p>10 </p> <p>Entree Chicken Enchilada WG Empanada Wowbutter Sandwich and String Cheese</p> <p>Vegetables Whole Kernal Corn</p> <p>Fruit Fresh Apple Slices</p> <p>Milk 1% Milk Nonfat Milk</p> <p>Misc. Ranch Dressing</p>	<p>11 </p> <p>Entree Wowbutter, String Cheese, Crackers Turkey and Cheese WG Sandwich</p> <p>Vegetables Sliced Tomato</p> <p>Fruit Fresh Banana</p> <p>Milk 1% Milk Nonfat Milk</p> <p>Misc. Mayonnaise Packet Mustard</p>	<p>12 </p> <p>Entree Wowbutter, String Cheese, Crackers WG Chicken Chunks</p> <p>Vegetables Baked Beans</p> <p>Fruit Pineapple Tidbits</p> <p>Grains WG Dinner Roll</p> <p>Milk 1% Milk Nonfat Milk</p> <p>Misc. Ketchup BBQ Sauce</p>	<p>13 </p> <p>Entree Wowbutter, String Cheese, Crackers WG Bosco Stick, 7"</p> <p>Vegetables Marinara Sauce Celery Sticks</p> <p>Fruit Fresh Orange</p> <p>Milk 1% Milk Nonfat Milk</p> <p>Misc. Ranch Dressing String Cheese</p>	<p>14 </p> <p>Entree Wowbutter, String Cheese, Crackers Pulled Pork on a WG Bun</p> <p>Vegetables Broccoli</p> <p>Fruit Applesauce</p> <p>Milk 1% Milk Nonfat Milk</p>
<p>17 </p> <p>Entree WG Corn Dog Wowbutter, String Cheese, Crackers</p> <p>Vegetables Baked Beans</p> <p>Fruit</p>	<p>18 </p> <p>Entree Wowbutter, String Cheese, Crackers Cheeseburger on a WG Bun</p> <p>Vegetables Sliced Tomato</p> <p>Fruit</p>	<p>19 </p> <p>Entree WG Burrito Wowbutter, String Cheese, Crackers</p> <p>Vegetables Whole Kernal Corn</p> <p>Fruit</p>	<p>20 </p> <p>Entree Meatball WG Sub with Cheese Wowbutter, String Cheese, Crackers</p> <p>Vegetables Broccoli</p> <p>Fruit</p>	<p>21 </p> <p>Entree Wowbutter, String Cheese, Crackers Cheese Pizza WG</p> <p>Vegetables Celery Sticks</p> <p>Fruit</p>

<p>Fresh Apple Slices</p> <p>Milk</p> <p>1% Milk Nonfat Milk</p> <p>Misc.</p> <p>Ketchup Mustard</p>	<p>Fresh Banana</p> <p>Milk</p> <p>1% Milk Nonfat Milk</p> <p>Misc.</p> <p>Ketchup Mustard Mayonnaise Packet</p>	<p>Pineapple Tidbits</p> <p>Milk</p> <p>1% Milk Nonfat Milk</p>	<p>Fresh Orange</p> <p>Milk</p> <p>1% Milk Nonfat Milk</p>	<p>Applesauce</p> <p>Milk</p> <p>1% Milk Nonfat Milk</p> <p>Misc.</p> <p>Ranch Dressing</p>
<p>24 </p> <p>Entree</p> <p>Wowbutter, String Cheese, Crackers Egg and Cheese on a Biscuit</p> <p>Vegetables</p> <p>Whole Kernal Corn</p> <p>Fruit</p> <p>Fresh Apple Slices</p> <p>Milk</p> <p>1% Milk Nonfat Milk</p> <p>Misc.</p> <p>Ketchup</p>	<p>25 </p> <p>Entree</p> <p>Wowbutter, String Cheese, Crackers Cheeseburger on a WG Bun</p> <p>Vegetables</p> <p>Sliced Tomato</p> <p>Fruit</p> <p>Fresh Banana</p> <p>Milk</p> <p>1% Milk Nonfat Milk</p> <p>Misc.</p> <p>Ketchup Mustard Mayonnaise Packet</p>	<p>26 </p> <p>Entree</p> <p>Wowbutter, String Cheese, Crackers Turkey and Cheese WG Sandwich</p> <p>Vegetables</p> <p>Broccoli</p> <p>Fruit</p> <p>Pineapple Tidbits</p> <p>Milk</p> <p>1% Milk Nonfat Milk</p> <p>Misc.</p> <p>Mayonnaise Packet Mustard</p>	<p>27 </p> <p>Entree</p> <p>Wowbutter, String Cheese, Crackers WG Chicken Chunks</p> <p>Vegetables</p> <p>Baked Beans</p> <p>Fruit</p> <p>Fresh Orange</p> <p>Milk</p> <p>1% Milk Nonfat Milk</p> <p>Misc.</p> <p>Ketchup</p>	<p>28 </p> <p>Entree</p> <p>Wowbutter, String Cheese, Crackers Cheese Pizza WG</p> <p>Vegetables</p> <p>Celery Sticks</p> <p>Fruit</p> <p>Applesauce</p> <p>Milk</p> <p>1% Milk Nonfat Milk</p> <p>Misc.</p> <p>Ranch Dressing</p>

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