Breakthrough CS Breakfast SY 22-23 Pre-k

April 2023

Breakthrough CS Breakfast SY 22-23 Pre-k

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Fruit	Entree	Entree	Entree	Fruit
Fresh Fruit Variety Bowl	Mini Cinnis	Cinnamon Chex Cereal	Strawberry Breakfast Bar	Fresh Fruit Variety Bowl
Grains	Fruit	Fruit	Fruit	Grains
Frosted Flakes	Fresh Fruit Variety Bowl	Fresh Fruit Variety Bowl	Fresh Fruit Variety Bowl	Frosted Flakes
Milk	Milk	Milk	Milk	Milk
1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
Nonfat Milk	Nonfat Milk	Nonfat Milk	Nonfat Milk	Nonfat Mi l k
10	11	12	13	14
Fruit	Entree	Entree	Entree	Fruit
Fresh Fruit Variety Bowl	Mini Cinnis	Cinnamon Chex Cereal	Strawberry Breakfast Bar	Fresh Fruit Variety Bowl
Apple Juice	Fruit	Fruit	Fruit	Grains
Grains	Fresh Fruit Variety Bowl	Fresh Fruit Variety Bowl	Fresh Fruit Variety Bowl	Frosted Flakes
Apple Jacks	Milk	Milk	Milk	Milk
Graham Crackers Frosted Flakes	1% Milk	1% Milk	1% Milk	1% Milk
Milk	Nonfat Milk	Nonfat Milk	Nonfat Milk	Nonfat Mi l k
1% Milk Nonfat Milk				
17	18	19	20	21
Fruit	Entree	Entree	Entree	Fruit
Fresh Fruit Variety Bowl	Mini Cinnis	Cinnamon Chex Cereal	Strawberry Breakfast Bar	Fresh Fruit Variety Bowl
Grains	Fruit	Fruit	Fruit	Grains
Frosted Flakes	Fresh Fruit Variety Bowl	Fresh Fruit Variety Bowl	Fresh Fruit Variety Bowl	Frosted Flakes
Milk	Milk	Milk	Milk	Milk
1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
Nonfat Milk	Nonfat Milk	Nonfat Milk	Nonfat Milk	Nonfat Mi l k
24	25	26	27	28
Fruit	Entree	Entree	Entree	Fruit
Fresh Fruit Variety Bowl Apple Juice	Mini Cinnis	Cinnamon Chex Cereal	Strawberry Breakfast Bar	Fresh Fruit Variety Bowl
Grains	Fruit	Fruit	Fruit	Grains
Apple Jacks	Fresh Fruit Variety Bowl	Fresh Fruit Variety Bowl	Fresh Fruit Variety Bowl	Frosted Flakes
Graham Crackers	Milk	Milk	Milk	Milk
Frosted Flakes	1% Milk Nonfat Milk	1% Milk Nonfat Milk	1% Milk Nonfat Milk	1% Milk Nonfat Mi l k
Milk	NOTHALIVIIK	NOTHAL WIIK	NOTHAL WIIK	NOTHAL WIIK
1% Milk Nonfat Milk				

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