

# Breakthrough Pre-K Lunch SY 22-23

## March 2023

Mon	Tue	Wed	Thu	Fri
<b>27</b> WG Corn Dog Wowbutter, String Cheese, Crackers Baked Beans Fresh Apple Slices 1% Milk Nonfat Milk Ketchup Mustard	<b>28</b> Wowbutter, String Cheese, Crackers Cheeseburger on a WG Bun Sliced Tomato Fresh Banana 1% Milk Nonfat Milk Ketchup Mustard Mayonnaise Packet	<b>1</b> WG Burrito Wowbutter, String Cheese, Crackers Whole Kernal Corn Pineapple Tidbits 1% Milk Nonfat Milk	<b>2</b> Meatball WG Sub with Cheese Wowbutter, String Cheese, Crackers Broccoli Fresh Orange 1% Milk Nonfat Milk	<b>3</b> Wowbutter, String Cheese, Crackers Cheese Pizza WG Celery Sticks Applesauce 1% Milk Nonfat Milk Ranch Dressing
<b>6</b> Wowbutter, String Cheese, Crackers Egg and Cheese on a Biscuit Whole Kernal Corn Fresh Apple Slices 1% Milk Nonfat Milk Ketchup	<b>7</b> Wowbutter, String Cheese, Crackers Cheeseburger on a WG Bun Sliced Tomato Fresh Banana 1% Milk Nonfat Milk Ketchup Mustard Mayonnaise Packet	<b>8</b> Wowbutter, String Cheese, Crackers Turkey and Cheese WG Sandwich Broccoli Pineapple Tidbits 1% Milk Nonfat Milk Mayonnaise Packet Mustard	<b>9</b> Wowbutter, String Cheese, Crackers WG Chicken Chunks Baked Beans Fresh Orange 1% Milk Nonfat Milk Ketchup	<b>10</b> Wowbutter, String Cheese, Crackers Cheese Pizza WG Celery Sticks Applesauce 1% Milk Nonfat Milk Ranch Dressing
<b>13</b> Chicken Enchilada WG Empanada Wowbutter Sandwich and String Cheese Whole Kernal Corn Fresh Apple Slices 1% Milk Nonfat Milk Ranch Dressing	<b>14</b> Wowbutter, String Cheese, Crackers Turkey and Cheese WG Sandwich Sliced Tomato Fresh Banana 1% Milk Nonfat Milk Mayonnaise Packet Mustard	<b>15</b> Wowbutter, String Cheese, Crackers WG Chicken Chunks Baked Beans Pineapple Tidbits WG Dinner Roll 1% Milk Nonfat Milk Ketchup BBQ Sauce	<b>16</b> Wowbutter, String Cheese, Crackers WG Bosco Stick, 7" Marinara Sauce Celery Sticks Fresh Orange 1% Milk Nonfat Milk Ranch Dressing String Cheese	<b>17</b> Wowbutter, String Cheese, Crackers Pulled Pork on a WG Bun Broccoli Applesauce 1% Milk Nonfat Milk

<p><b>20</b></p> <p>WG Corn Dog</p> <p>Wowbutter, String Cheese, Crackers</p> <p>Baked Beans</p> <p>Fresh Apple Slices</p> <p>1% Milk</p> <p>Nonfat Milk</p> <p>Ketchup</p> <p>Mustard</p>	<p><b>21</b></p> <p>Wowbutter, String Cheese, Crackers</p> <p>Cheeseburger on a WG Bun</p> <p>Sliced Tomato</p> <p>Fresh Banana</p> <p>1% Milk</p> <p>Nonfat Milk</p> <p>Ketchup</p> <p>Mustard</p> <p>Mayonnaise Packet</p>	<p><b>22</b></p> <p>WG Burrito</p> <p>Wowbutter, String Cheese, Crackers</p> <p>Whole Kernal Corn</p> <p>Pineapple Tidbits</p> <p>1% Milk</p> <p>Nonfat Milk</p>	<p><b>23</b></p> <p>Meatball WG Sub with Cheese</p> <p>Wowbutter, String Cheese, Crackers</p> <p>Broccoli</p> <p>Fresh Orange</p> <p>1% Milk</p> <p>Nonfat Milk</p>	<p><b>24</b></p> <p>Wowbutter, String Cheese, Crackers</p> <p>Cheese Pizza WG</p> <p>Celery Sticks</p> <p>Applesauce</p> <p>1% Milk</p> <p>Nonfat Milk</p> <p>Ranch Dressing</p>
<p><b>27</b></p> <p>Spring Break</p>	<p><b>28</b></p> <p>Spring Break</p>	<p><b>29</b></p> <p>Spring Break</p>	<p><b>30</b></p> <p>Spring Break</p>	<p><b>31</b></p> <p>Spring Break</p>

This institution is an equal opportunity provider.