

Breakthrough Charter School Lunch SY 22-23

April 2023

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Entree</p> <p>Wowbutter, String Cheese, Crackers Egg and Cheese on a Biscuit</p> <p>Vegetables</p> <p>Whole Kernal Corn</p> <p>Fruit</p> <p>Fresh Apple Slices</p> <p>Milk</p> <p>Fat Free Chocolate Milk 1% Milk</p> <p>Misc.</p> <p>Ketchup Hot Sauce</p>	<p>4</p> <p>Entree</p> <p>Wowbutter, String Cheese, Crackers Cheeseburger on a WG Bun</p> <p>Vegetables</p> <p>Romaine Lettuce Tomato Slices</p> <p>Fruit</p> <p>Fresh Banana</p> <p>Milk</p> <p>1% Milk Fat Free Chocolate Milk</p> <p>Misc.</p> <p>Ketchup Mustard Mayonnaise Packet</p>	<p>5</p> <p>Entree</p> <p>Wowbutter, String Cheese, Crackers Turkey and Cheese WG Sandwich</p> <p>Vegetables</p> <p>Baby Carrots Broccoli</p> <p>Fruit</p> <p>Pineapple Tidbits</p> <p>Milk</p> <p>1% Milk Fat Free Chocolate Milk</p> <p>Misc.</p> <p>Mayonnaise Packet Mustard Ranch Dressing</p>	<p>6</p> <p>Entree</p> <p>Wowbutter, String Cheese, Crackers Turkey Dog on a WG Bun</p> <p>Vegetables</p> <p>Baked Beans</p> <p>Fruit</p> <p>Fresh Orange</p> <p>Grains</p> <p>Goldfish Crackers</p> <p>Milk</p> <p>1% Milk Fat Free Chocolate Milk</p> <p>Misc.</p> <p>Ketchup Mustard</p>	<p>7</p> <p>Entree</p> <p>Wowbutter, String Cheese, Crackers Cheese Pizza WG</p> <p>Vegetables</p> <p>Celery Sticks</p> <p>Fruit</p> <p>Applesauce</p> <p>Milk</p> <p>1% Milk Fat Free Chocolate Milk</p> <p>Misc.</p> <p>Ranch Dressing</p>
<p>10</p> <p>Entree</p> <p>Chicken Enchilada WG Empanada Wowbutter, String Cheese, Crackers</p> <p>Vegetables</p> <p>Whole Kernal Corn</p> <p>Fruit</p> <p>Fresh Apple Slices</p> <p>Milk</p> <p>1% Milk Fat Free Chocolate Milk</p> <p>Misc.</p> <p>Hot Sauce Ranch Dressing</p>	<p>11</p> <p>Entree</p> <p>Wowbutter, String Cheese, Crackers Turkey and Cheese WG Sandwich</p> <p>Vegetables</p> <p>Romaine Lettuce Tomato Slices</p> <p>Fruit</p> <p>Fresh Banana</p> <p>Milk</p> <p>1% Milk Fat Free Chocolate Milk</p> <p>Misc.</p> <p>Mayonnaise Packet Ranch Dressing Mustard</p>	<p>12</p> <p>Entree</p> <p>Wowbutter, String Cheese, Crackers WG Chicken Chunks</p> <p>Vegetables</p> <p>Baked Beans</p> <p>Fruit</p> <p>Pineapple Tidbits</p> <p>Grains</p> <p>WG Dinner Roll</p> <p>Milk</p> <p>1% Milk Fat Free Chocolate Milk</p> <p>Misc.</p> <p>Ketchup BBQ Sauce Ranch Dressing</p>	<p>13</p> <p>Entree</p> <p>Wowbutter, String Cheese, Crackers WG Bosco Stick, 7"</p> <p>Vegetables</p> <p>Marinara Sauce Celery Sticks</p> <p>Fruit</p> <p>Fresh Orange</p> <p>Milk</p> <p>1% Milk Fat Free Chocolate Milk</p> <p>Misc.</p> <p>Ranch Dressing</p>	<p>14</p> <p>Entree</p> <p>Wowbutter, String Cheese, Crackers Pulled Pork on a WG Bun</p> <p>Vegetables</p> <p>Broccoli Baby Carrots</p> <p>Fruit</p> <p>Applesauce</p> <p>Milk</p> <p>1% Milk Fat Free Chocolate Milk</p> <p>Misc.</p> <p>Ranch Dressing BBQ Sauce</p>
<p>17</p> <p>Entree</p> <p>WG Corn Dog Wowbutter, String Cheese, Crackers</p> <p>Vegetables</p> <p>Baked Beans</p>	<p>18</p> <p>Entree</p> <p>Wowbutter, String Cheese, Crackers Cheeseburger on a WG Bun</p> <p>Vegetables</p>	<p>19</p> <p>Entree</p> <p>WG Burrito Wowbutter, String Cheese, Crackers</p> <p>Vegetables</p> <p>Whole Kernal Corn</p>	<p>20</p> <p>Entree</p> <p>Meatball WG Sub with Cheese Wowbutter, String Cheese, Crackers</p> <p>Vegetables</p>	<p>21</p> <p>Entree</p> <p>Wowbutter, String Cheese, Crackers Cheese Pizza WG</p> <p>Vegetables</p> <p>Celery Sticks</p>

<p>Fruit Fresh Apple Slices</p> <p>Milk 1% Milk Fat Free Chocolate Milk</p> <p>Misc. Ketchup Mustard</p>	<p>Romaine Lettuce Tomato Slices</p> <p>Fruit Fresh Banana</p> <p>Milk 1% Milk Fat Free Chocolate Milk</p> <p>Misc. Ketchup Mustard Mayonnaise Packet</p>	<p>Fruit Pineapple Tidbits</p> <p>Milk 1% Milk Fat Free Chocolate Milk</p> <p>Misc. Hot Sauce</p>	<p>Broccoli Baby Carrots</p> <p>Fruit Fresh Orange</p> <p>Milk 1% Milk Fat Free Chocolate Milk</p> <p>Misc. Ranch Dressing</p>	<p>Fruit Applesauce</p> <p>Milk 1% Milk Fat Free Chocolate Milk</p> <p>Misc. Ranch Dressing</p>
<p>24 Entree Wowbutter, String Cheese, Crackers Egg and Cheese on a Biscuit</p> <p>Vegetables Whole Kernal Corn</p> <p>Fruit Fresh Apple Slices</p> <p>Milk Fat Free Chocolate Milk 1% Milk</p> <p>Misc. Ketchup Hot Sauce</p>	<p>25 Entree Wowbutter, String Cheese, Crackers Cheeseburger on a WG Bun</p> <p>Vegetables Romaine Lettuce Tomato Slices</p> <p>Fruit Fresh Banana</p> <p>Milk 1% Milk Fat Free Chocolate Milk</p> <p>Misc. Ketchup Mustard Mayonnaise Packet</p>	<p>26 Entree Wowbutter, String Cheese, Crackers Turkey and Cheese WG Sandwich</p> <p>Vegetables Baby Carrots Broccoli</p> <p>Fruit Pineapple Tidbits</p> <p>Milk 1% Milk Fat Free Chocolate Milk</p> <p>Misc. Mayonnaise Packet Mustard Ranch Dressing</p>	<p>27 Entree Wowbutter, String Cheese, Crackers Turkey Dog on a WG Bun</p> <p>Vegetables Baked Beans</p> <p>Fruit Fresh Orange</p> <p>Grains Goldfish Crackers</p> <p>Milk 1% Milk Fat Free Chocolate Milk</p> <p>Misc. Ketchup Mustard</p>	<p>28 Entree Wowbutter, String Cheese, Crackers Cheese Pizza WG</p> <p>Vegetables Celery Sticks</p> <p>Fruit Applesauce</p> <p>Milk 1% Milk Fat Free Chocolate Milk</p> <p>Misc. Ranch Dressing</p>

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