
















# Breakthrough Charter School Lunch SY 22-23 Grade 9-12

## April 2023 Breakthrough Charter School Lunch SY 22-23 Grade 9-12

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 </p> <p><b>Entree</b></p> <p>Wowbutter, String Cheese, Crackers Egg and Cheese on a Biscuit and Yogurt</p> <p><b>Vegetables</b></p> <p>Corn</p> <p><b>Fruit</b></p> <p>Fresh Apple Slices</p> <p><b>Milk</b></p> <p>Fat Free Chocolate Milk 1% Milk</p> <p><b>Misc.</b></p> <p>Ketchup Hot Sauce</p>	<p>4 </p> <p><b>Entree</b></p> <p>Wowbutter, String Cheese, Crackers Cheeseburger on a WG Bun</p> <p><b>Vegetables</b></p> <p>Romaine Lettuce Sliced Tomato</p> <p><b>Fruit</b></p> <p>Fresh Banana</p> <p><b>Milk</b></p> <p>1% Milk Fat Free Chocolate Milk</p> <p><b>Misc.</b></p> <p>Ketchup Mayonnaise Packet Mustard Ranch Dressing</p>	<p>5 </p> <p><b>Entree</b></p> <p>Wowbutter, String Cheese, Crackers Turkey and Cheese Sandwich</p> <p><b>Vegetables</b></p> <p>Broccoli Baby Carrots</p> <p><b>Fruit</b></p> <p>Pineapple Tidbits</p> <p><b>Milk</b></p> <p>1% Milk Fat Free Chocolate Milk</p> <p><b>Misc.</b></p> <p>Ranch Dressing Mustard Mayonnaise Packet</p>	<p>6 </p> <p><b>Entree</b></p> <p>Wowbutter, String Cheese, Crackers Turkey Dog on a Bun</p> <p><b>Vegetables</b></p> <p>Baby Carrots Baked Beans</p> <p><b>Fruit</b></p> <p>Fresh Orange</p> <p><b>Milk</b></p> <p>1% Milk Fat Free Chocolate Milk</p> <p><b>Misc.</b></p> <p>Mustard Ketchup</p>	<p>7 </p> <p><b>Entree</b></p> <p>Wowbutter, String Cheese, Crackers Cheese Pizza WG</p> <p><b>Vegetables</b></p> <p>Celery Sticks</p> <p><b>Fruit</b></p> <p>Applesauce</p> <p><b>Desserts</b></p> <p>Chocolate Muffin WG</p> <p><b>Milk</b></p> <p>1% Milk Fat Free Chocolate Milk</p> <p><b>Misc.</b></p> <p>Ranch Dressing</p>
<p>10 </p> <p><b>Entree</b></p> <p>Chicken Enchilada WG Empanada Wowbutter, String Cheese, Crackers</p> <p><b>Vegetables</b></p> <p>Corn</p> <p><b>Fruit</b></p> <p>Fresh Apple Slices</p> <p><b>Milk</b></p> <p>1% Milk Fat Free Chocolate Milk</p> <p><b>Misc.</b></p> <p>Hot Sauce</p>	<p>11 </p> <p><b>Entree</b></p> <p>Wowbutter, String Cheese, Crackers Turkey and Cheese Sandwich</p> <p><b>Vegetables</b></p> <p>Romaine Lettuce Sliced Tomato</p> <p><b>Fruit</b></p> <p>Fresh Banana</p> <p><b>Milk</b></p> <p>Fat Free Chocolate Milk 1% Milk</p> <p><b>Misc.</b></p> <p>Mayonnaise Packet Mustard</p>	<p>12 </p> <p><b>Entree</b></p> <p>Wowbutter, String Cheese, Crackers WG Chicken Chunks</p> <p><b>Vegetables</b></p> <p>Baked Beans</p> <p><b>Fruit</b></p> <p>Pineapple Tidbits</p> <p><b>Grains</b></p> <p>Sliced Bread</p> <p><b>Milk</b></p> <p>1% Milk Fat Free Chocolate Milk</p> <p><b>Misc.</b></p> <p>Ketchup Ranch Dressing</p>	<p>13 </p> <p><b>Entree</b></p> <p>Wowbutter, String Cheese, Crackers WG Bosco Sticks</p> <p><b>Vegetables</b></p> <p>Marinara Sauce Celery Sticks</p> <p><b>Fruit</b></p> <p>Fresh Orange</p> <p><b>Milk</b></p> <p>1% Milk Fat Free Chocolate Milk</p> <p><b>Misc.</b></p> <p>Ranch Dressing</p>	<p>14 </p> <p><b>Entree</b></p> <p>Wowbutter, String Cheese, Crackers Pulled Pork on a WG Bun</p> <p><b>Vegetables</b></p> <p>Baby Carrots Broccoli</p> <p><b>Fruit</b></p> <p>Applesauce</p> <p><b>Desserts</b></p> <p>Chocolate Muffin WG</p> <p><b>Milk</b></p> <p>1% Milk Fat Free Chocolate Milk</p> <p><b>Misc.</b></p> <p>Ranch Dressing BBQ Sauce</p>
<p>17</p> <p><b>Entree</b></p> <p>WG Corn Dog Corn Dog &amp; Animal Crackers Wowbutter, String Cheese, Crackers</p>	<p>18</p> <p><b>Entree</b></p> <p>Wowbutter, String Cheese, Crackers Chicken Patty on a WG Bun w/ Cheese</p> <p><b>Vegetables</b></p>	<p>19</p> <p><b>Entree</b></p> <p>WG Burrito Wowbutter, String Cheese, Crackers</p> <p><b>Vegetables</b></p>	<p>20</p> <p><b>Entree</b></p> <p>Wowbutter, String Cheese, Crackers Meatball Sub</p> <p><b>Vegetables</b></p>	<p>21</p> <p><b>Entree</b></p> <p>Wowbutter, String Cheese, Crackers Cheese Pizza WG</p> <p><b>Vegetables</b></p>

<p><b>Vegetables</b> Baked Beans</p> <p><b>Fruit</b> Fresh Apple Slices</p> <p><b>Milk</b> 1% Milk Fat Free Chocolate Milk</p> <p><b>Misc.</b> Mustard Ranch Dressing Ketchup</p>	<p>Romaine Lettuce Sliced Tomato</p> <p><b>Fruit</b> Fresh Banana</p> <p><b>Milk</b> 1% Milk Fat Free Chocolate Milk</p> <p><b>Misc.</b> Ranch Dressing Ketchup Mayonnaise Packet</p>	<p>Corn</p> <p><b>Fruit</b> Pineapple Tidbits</p> <p><b>Milk</b> 1% Milk Fat Free Chocolate Milk</p> <p><b>Misc.</b> Hot Sauce</p>	<p>Baby Carrots Broccoli</p> <p><b>Fruit</b> Fresh Orange</p> <p><b>Milk</b> 1% Milk Fat Free Chocolate Milk</p> <p><b>Misc.</b> Ranch Dressing</p>	<p>Celery Sticks</p> <p><b>Fruit</b> Applesauce</p> <p><b>Grains</b> Goldfish Crackers</p> <p><b>Desserts</b> Chocolate Muffin WG</p> <p><b>Milk</b> 1% Milk Fat Free Chocolate Milk</p> <p><b>Misc.</b> Ranch Dressing</p>
<p>24 </p> <p><b>Entree</b> Wowbutter, String Cheese, Crackers Egg and Cheese on a Biscuit and Yogurt</p> <p><b>Vegetables</b> Corn</p> <p><b>Fruit</b> Fresh Apple Slices</p> <p><b>Milk</b> Fat Free Chocolate Milk 1% Milk</p> <p><b>Misc.</b> Ketchup Hot Sauce</p>	<p>25 </p> <p><b>Entree</b> Wowbutter, String Cheese, Crackers Cheeseburger on a WG Bun</p> <p><b>Vegetables</b> Romaine Lettuce Sliced Tomato</p> <p><b>Fruit</b> Fresh Banana</p> <p><b>Milk</b> 1% Milk Fat Free Chocolate Milk</p> <p><b>Misc.</b> Ketchup Mayonnaise Packet Mustard Ranch Dressing</p>	<p>26 </p> <p><b>Entree</b> Wowbutter, String Cheese, Crackers Turkey and Cheese Sandwich</p> <p><b>Vegetables</b> Broccoli Baby Carrots</p> <p><b>Fruit</b> Pineapple Tidbits</p> <p><b>Milk</b> 1% Milk Fat Free Chocolate Milk</p> <p><b>Misc.</b> Ranch Dressing Mustard Mayonnaise Packet</p>	<p>27 </p> <p><b>Entree</b> Wowbutter, String Cheese, Crackers Turkey Dog on a Bun</p> <p><b>Vegetables</b> Baby Carrots Baked Beans</p> <p><b>Fruit</b> Fresh Orange</p> <p><b>Milk</b> 1% Milk Fat Free Chocolate Milk</p> <p><b>Misc.</b> Mustard Ketchup</p>	<p>28 </p> <p><b>Entree</b> Wowbutter, String Cheese, Crackers Cheese Pizza WG</p> <p><b>Vegetables</b> Celery Sticks</p> <p><b>Fruit</b> Applesauce</p> <p><b>Desserts</b> Chocolate Muffin WG</p> <p><b>Milk</b> 1% Milk Fat Free Chocolate Milk</p> <p><b>Misc.</b> Ranch Dressing</p>

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